## General In-Kind Donation Needs

- Personal Hygiene:
  - Shampoo/Conditioner
  - o Bodywash
  - Soap
  - Deodorant/Anti-spirant
  - o Razors (men & women)
  - o Tampons
  - o Pads
  - o Chapstick
  - o Sunscreen
  - o Baby Wipes
  - o Adult Diaper (sizes: small, medium, or large)
  - Baby Diaper (sizes: variety)
- Oral Hygiene
  - Toothbrushes
  - Toothpaste
  - Mouthwash
  - o Floss
- General
  - Cases of Water
  - o Prepacked Beef Jerky

For questions about in-kind donations or drop-off please contact Michele Morehouse, communications coordinator at (518) 747-2284 ext. 229 or by email mmorehouse@ascendmw.org.

